

# LEARN TO TEACH CLASSICAL PILATES AT **PILATELS STUDIO**



CLASSICAL PILATES EDUCATION



## All Inclusive Pilates Mat

Oct 7-9, 2022  
Jan 20-23 2023  
May 12-13 2023

Beginner Mat  
Intermediate Mat  
Advanced Mat

**Pilates Mat** is the foundation of Joseph Pilates' method. Learn to teach private and group Pilates Mat classes in a safe, effective manner. Learn how to modify and progress exercises based on individual needs and goals. Explore how to incorporate props like the magic circle, ball, and foam roller to keep Mat Classes fun and challenging.

## Comprehensive Apparatus

Nov 25-27, 2022  
Jan 20-22 2023  
Mar 3-5 2023  
Apr 21-23 2023  
May 12-14 2023

Beginner System  
Intermediate Mat  
Intermediate System 1  
Intermediate System 2  
Advanced System

The **Comprehensive Training** will certify you to teach private and group Mat & Apparatus sessions to individuals of any fitness level or background. This 600 hour course will prepare you for the Pilates Method Alliance Exam and will enhance your teaching skills to ensure a successful career in the field of Pilates. The Beginner Mat is a pre-requisite to the Comprehensive which includes Intermediate and Advanced Mat.

## Hours

Fridays 1 - 7 pm  
Saturdays 12 - 6 pm  
Sundays 9 - 3 pm



**Els Lobbedey**  
Studio Owner &  
Co-Teacher Trainer



**Joel Crosby**  
CPE Teacher Trainer

## Location

www.pilatels.be | info@pilatels.be  
0032 497 38 71 75

## Early Bird All Inclusive Pricing\*

Beginner Mat | \$750

All Inclusive Mat | \$1600  
(Beginner, Intermediate, Advanced Mat)

All Inclusive Mat & Comprehensive | \$5750

\*Register by 9/1/2022 for Early Bird All Inclusive Pricing

## A La Carte Pricing

Beginner Mat | \$750

Comprehensive | \$6495



## For Registration & Payment Plan Info:

Contact info@classicalpilateseducation.com

WWW.CLASSICALPILATESEDUCATION.COM



## CPE Registration/Authorization Form: PILATELS BELGIUM

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Credit Card Type: Visa / MC / Amex / Discover

\_\_\_\_\_

Credit Card Number, Expiration Date, CVVC Code:

\_\_\_\_\_

Email [info@classicalpilateseducation.com](mailto:info@classicalpilateseducation.com) if you prefer **Paypal Payments**.

### Early Bird All Inclusive Pricing (Register by Sept 1 2022):

\_\_\_ Beginner Mat | \$750 (must pay in full)

\_\_\_ All Inclusive Mat | \$1600 (must pay in full)  
(Beginner, Intermediate, Advanced Mat)

\_\_\_ All Inclusive Mat & Comprehensive | \$5750  
Payment plan: \$639/mo over 9 months beginning Sept 1 2022.

### A La Carte Pricing:

\_\_\_ Beginner Mat | \$750 (must pay in full)

\_\_\_ Comprehensive | \$6495  
Payment plan: \$722/mo over 9 months beginning Nov 1 2022

\_\_\_\_\_(Initial here) Should student withdraw, payments are required for duration of payment plan. Student may withdraw for professional or personal reasons, and join any future CPE course with no penalty.

Signed:

\_\_\_\_\_

**Fill out and scan or email back to [info@classicalpilateseducation.com](mailto:info@classicalpilateseducation.com)**